

**SECTION**  
**SERVICES****SUBJECT**  
Pain and Symptom Management**DEFINITION**

This service allows for the provision of traditional and non-traditional methods of pain management. There must be an expectation that these services will be beneficial to the individual receiving services.

**COVERED SERVICES**

Treatments include, but are not limited to:

- Acupuncture
- Reflexology
- Massage Therapy
- Craniosacral Therapy
- Hyperbaric Oxygen Therapy
- Mind-body therapies such as hypnosis and biofeedback
- Pain Mitigation Counseling/Coaching
- Chiropractic therapy (Consumers age 21 and older. Consumers under the age of 21 receive this service as a state plan service under EPSDT.)
- Nursing services by a nurse specializing in pain and symptom management.

Providers of these services must meet any applicable provider qualifications as required by state law.

**REQUIREMENT**

Any non-traditional treatments require written documentation by a health care professional indicating that the treatment will not harm the individual.

